

PHAGANS' COLLEGES
COURSE OUTLINE FOR ESTHETICS

Course title: Esthetics

Course length: 250 hours

Description of the course: Esthetics is the study of the skin and its associated structures, skin and scalp diseases and disorders. Including the related services of facials, skin treatments, make-up, temporary hair removal, lash and brown tints and artificial lash application.

Course Goals and Objectives:

Upon successful completion of this course, the graduate will be able to:

1. Qualify to take the Board of Cosmetology written exam on Esthetics addressing the subjects of body and skin treatments, facial massage, temporary hair removal, make-up, lash and brown tinting, and artificial lash applications
2. Identify skin diseases and disorders
3. Perform the tasks of Esthetics in a proficient manner that will provide employment.
4. Have an awareness of personal self worth, pride and professionalism.

Contents of Units of Instruction: (See back page)

Course Format: Phagans' Educators present the material to the student by demonstrations, lectures, and student participation. The educator is supported by the use of textbooks, audio visual aids, videos, flip charts, games, white boards, DVD's, and guest speakers. Esthetics is divided into four (4) units. The units are Pre-clinic/Freshman extension, Sophomore, Junior, and Senior. Each unit consists of academic, lab class and student salon/clinic.

Grading Procedures:

Grades will be given for:

Attendance grade= number hours scheduled divided by the number of hours attended.

Academic grade = Average of academic, lab class and student salon/clinic grades.

100-95	A Excellent
94-89	B Very good
88-82	C Good
82-75	D Passing
74-and below	F Fail

A grade of **75%** must be met in Academic and Attendance to maintain Satisfactory Academic Progress.

Course evaluations:

Written and practical evaluations are given at the end of each Unit. A total of ten (10) hours have been designated for the Esthetics evaluations. The senior unit contains Phagans' Cosmetology Colleges Final Practical and Written Esthetics Evaluations.

Textbooks:

Pivot Point Cosmetology Fundamentals Text, Study guide, Exam Prep.
Pivot Point Salon Fundamentals Esthetics Text, Study guide, Exam Prep.
Phagans' Cosmetology Colleges *The Edge Manual*

Student Copy I acknowledge that I have received my copy of this course outline by signing the Orientation check-off list.

**Course Outline
Esthetics**

Academic/Lab	Hours
I. Facial Supplies	66
B. Equipment	
C. Techniques	
D. Massage	
1. Types	
2. Techniques	
II. Skin Treatments	18
A. Supplies	
B. Equipment	
C. Techniques	
D. Types	
1. Dry skin	
2. Oily skin	
3. Acne	
4. Refine	
III. Make-up	23
A. Day	
1. Supplies	
2. Corrective	
3. Facial Shapes	
4. Techniques	
B. Evening	
1. Supplies	
2. Corrective	
3. Facial Shapes	
4. Special Effects	
IV. Temporary Hair Removal	29
A. Arching	
1. Supplies	
2. Equipment	
3. Techniques	
B. Waxing	
1. Supplies	
2. Equipment	
3. Techniques	
V. Lash and Brow	1
1. Supplies	
2. Equipment	
3. Techniques	

VI. Artificial Lash Application	1
1. Supplies	
2. Equipment	
3. Techniques	
1. Types	
a. Individual	
b. Strips	
VII. Body treatments	8
1. Supplies	
2. Equipment	
3. Technique	

Academic	Hours
Dermatology	8.5
Anatomy	2.0
Electricity	2.0
Chemistry	4.0
<u>State Board Review</u>	<u>4.0</u>
Total hours	20.5

OPERATIONS	MINIMUM
Facial/Skin treatments	30
Make-up Day/Evening	15
Temporary Hair Removal	30
Lash and Brow	0
Artificial lashes	0
Body Treatments	3

Academic	20
Academic/lab	146
Clinic/lab	84.
Evaluations	10
Total hours	250